

Our 16th Year!



BAY AREA COUNTRY DANCE SOCIETY

Family Week

July 5–12, 2008
Sonora, CA

“Are we there yet?”



Family Week will be held at Foothill Horizons, a large, modern, non-smoking site at 2000 feet nestled in the pine and oak woodlands of the Sierra foothills just outside Sonora, CA. It'll be a great week for dancers of all ages and families of all sizes.

The site is a two to three hour drive from the San Francisco Bay Area, and convenient to four major metropolitan airports as well as Interstate 5.

BACDS, sponsor of Family Week, also holds two adult dance weeks in July at the beautiful Mendocino Woodlands, in the coastal forest four hours north of San Francisco.

American Dance Week also runs from July 5 to July 12th, 2008, while English Dance Week will be held from July 12th to July 19th, 2008. For more information, see <http://www.bacds.org/camps/>.

To learn more about all the different dance series and events that BACDS sponsors, check out <http://www.bacds.org/>. rev 2/4/8

What folks have been saying about Family Week...

“Really, Really, Really, FUN!” —ec, age 9

“Fantastic, nurturing and tons of fun for parents & kids.” —jv

“Being able to dance day and night while knowing that my kids were safe and having fun made this an incredible vacation!” —ml

“An incredibly friendly community of families, music and dancing.” —bb

“Outstanding! Everybody in my whole family had a great time.” —wm

“This camp is absolutely great! The best ever!” —kc, age 10

“Wonderful—best family vacation I could imagine.” —sd

“The most fun I’ve had with the kids this year!” —dt

“I loved making new friends.” —anon., age 10–12

“Family camp puts my life back in balance.” —aw

“I guess magic is real after all.” —rc



What you can look forward to—

Dancing

Family Week is about the time-honored tradition of movement and music, and the camp will be filled with dancing for the whole family—we'll teach you all you need to know. There will be something for all ages, including English country dances, square dances, contra dances, morris dancing, couple dances, and daily community dances that bring the entire camp together.

Music and Song

Our enormously talented musical staff will make your toes tap for dancing and your ears happy in listening. They'll provide music for all kinds of dancing, lead workshops for new and experienced musicians, and lead the whole camp in joyous song.

Crafts

Family Week offers four different craft classes to give adults and children a chance to create a wonderful array of folk art.

Storytelling

Enjoy the eternal art of storytelling. Our storytellers will enchant children and adults alike with tall tales, daily story sessions, and bedtime stories each night.

Community

In the end, Family Week is all about community—sharing music and song, relaxing together, and enjoying moving and music making, catalyzed by an amazing staff and buoyed by friendships old and new. **Come join us...**

<http://www.bacds.org/familycamp/>
FamilyWeek08@bacds.org

Registration Form for BACDS 2008 Family Week

You can also register online at www.bacds.org/familyweek/. Email is our first line of communication; we will keep your address secure and will not share it with anyone else. Please read the entire form, fill in all blanks that apply, and circle your gender and menu choices (**Male/Female; Omnivore/Vegetarian/No Dairy**).

If there are two caregivers for your family, we strongly encourage both to come to camp. If you have any questions, check our website—many questions are answered there. You can email us at FamilyWeek08@bacds.org, or contact Rhonda Cayford, our registrar, at (925) 256-8992. Mail completed form, with check made out to BACDS, to: **BACDS Family Week c/o Rhonda Cayford, 337 Valley View Rd, Pleasant Hill, CA 94523**

Adult #1 Name: _____ email: _____ **M F O V ND**

Adult #2 Name: _____ email: _____ **M F O V ND**

Children coming to camp (DOB—"Date of Birth"):

Name _____ DOB _____ email _____ **M F O V ND**

Name _____ DOB _____ email _____ **M F O V ND**

Name _____ DOB _____ email _____ **M F O V ND**

If you have additional adults or children coming to camp, please list them on a separate sheet of paper.

Family Address (Street, City, State, ZIP+4): _____

Phone 1 (preferred): _____ **Phone 2** (alternate): _____

Camper Jobs: All participants will help at meals or with simple housekeeping tasks (younger children will be assigned with a parent/guardian). Jobs are usually a half hour or less per day. Examples include dining room setup/cleanup, snack helpers, meal servers, sweeping and dance floor care.

Please let us know any **special needs** (whether for chores or diet) or housing preferences below—dust allergies, no lifting, early bird or night-owl, etc. We'll do our best to honor them.

Work Trade: Work Trade is vital to keeping our camp running! For the 2008 camp, adults and youths may take a \$270 reduction in fees, in exchange for several hrs/day work (you're free during all classes), plus helping with setup and teardown of camp. For more on this and scholarship opportunities, check our website. *Work trade applications must be received no later than May 1st.*

REGISTRATION WORKSHEET

Adults w/o work trade: ____ × \$745 = _____

Adult work trade discount: ____ × \$475 = _____

Youth age 14–17*: ____ × \$580 = _____

Youth work trade: ____ × \$310 = _____

Child(ren) 5–13*: ____ × \$490 = _____

Child(ren) 2–4*: ____ × \$130 = _____

Child(ren) under 2: Free

* Age ranges indicate age at camp

TOTAL DUE by June 2nd = _____

If you pay in full by May 1st, take a \$15 "early bird" discount off your total.

Please send me _____ brochures for distribution in my community.

Enclosed is a tax-deductible donation of ____ to BACDS The Family Week Scholarship fund.

Deadlines and cancellation policies

A \$25 per person deposit must accompany this form. Your registration is complete only when we receive it. If camp is oversubscribed, we will hold a lottery on May 2nd, and send notification shortly afterwards. *All funds must be received by June 2nd.* If you cancel before that date, your payment will be refunded, less a \$25 administration fee. If you cancel between June 2nd and June 25th, 50% of your payment will be retained. Sorry, there will be no refunds for cancellations after June 25th. All cancellations *must* be made in writing or by email and take effect upon the day they're sent but are final only when you receive acknowledgement from us. *Registrations are not transferable.*

Ride-sharing! I need can offer a ride for _____ people. Our ride-share coordinator will call you.

Family Week 2008



Classes

Border Morris—Randall If your dance taste buds crave more “mosh” than “posh”, Border Morris may just be the thing. Embrace your inner thug in an hour of rowdy dancing with other like-minded souls while whacking large sticks against other objects.

Contra Smorgasbord—Steve Each day Steve Zakon-Anderson will treat us to a wonderful selection of dances that will be fun and even educational! From historical chestnuts to zesty modern choreography, each day will showcase the different shapes and expressions this dance form can take.

Community Dance Party—Steve Steve Zakon-Anderson has many dances up his sleeve, accessible for the youngest campers while still fun for the more experienced dancers among us! A special time at family camp, this dance party is a wonderful opportunity for all of us to come together and dance as a community every day!

Couple Dances—Andy You say you haven't danced much since kids came along? Well, come join in and polish your waltzes, and learn the secrets of hambo and other dances for two.

Crafts—Bettie A time to relax, rejuvenate and have some fun with our hands. We'll learn some simple, portable yarn crafts, such as finger-knitting and Japanese *kumihimo* braiding, and we'll create beautiful, inspirational words using twigs, dried flowers and other natural objects.

Crafts—Mikel *Metallic Assemblage*: This was a big hit last year: assorted junk & fancy things brought to life in sculptures. *Folded Fantasies*: Basic to advanced origami. *Bound Memories*: Make a book and fill it with drawings, collage, writing or mementos.

Dance Band—Mike Spend an hour learning the craft of playing for a dance. Every afternoon we'll pick swell tunes and polish them to play at that evening's dance. We'll add all sorts of tasty transitions, hearty harmonies, dazzling dynamics, cool key changes, bodacious back-up rhythms and tawdry tricks to help lift the dancers' feet a little higher off the floor.

Dance Bonanza—DeLaura Wake up in the mornings with a rousing dance session! We'll explore American square and contra dances, English country and Irish ceili. Bring suggestions of your own favorites dances to create our own hit parade. Prepare to share! Our class will help lead the Community dance each evening.

ENG1A The History of English (4 units, no prerequisites)—Kalia Step your way through four centuries of English country dances. We'll have a mix of smooth and silly, romantic and rambunctious, elegant and energetic. Come learn why this dance style has lasted for 400 years and is flourishing now more than ever.

Evening Circus—Christina Run away and join the circus and still be home in time for dinner. Clowning, juggling, tumbling, mime, improv and more. We'll explore a variety of circus arts in a fun-filled hour of games and activities.

Hip, hip, hooray! Sing, dance & play!—DeLaura Singing games and play parties, jump rope, duck duck goose, freeze tag, stories too! Silly songs and body music—who knows? The sky is the limit as we gear up for as much fun as we can pack into one class!

Longbow Breakdown Playing—Steve Steve Hickman will teach this older style of fiddle playing from before microphones; an era where playing loudly was rewarded. The

economy of energy and intensity of playing made it the ideal style for dance music. The longbow player moves more bow all the time. Adapting melodies to slurring is a hallmark of its masters, such as John Ashby and Buddy Thomas. It's a deferred gratification skill that happens sometime in your future. Let's get started now!

Maypole & Morris—Rhonda & Randall “Then to the maypole haste away, for 'tis now a holiday ...” Colorful ribbons are wrapped around a tall pole by dancers who walk or skip to country dance tunes or songs. We'll start with some simple weaves that look great, and we'll try some fancier ones too. Morris dancing is another Mayday tradition. Dancers wear bells on their legs and wave hankies and sticks in an energetic, colorful celebration of spring.

Music Jam—Mike Bring your favorite instruments and tunes and we'll play, play, play for an hour of goodness every morning. We'll all pick tunes, keys and tempos to craft a fun, inclusive and no-fault jam session. All experience levels and instruments are welcome.

Preschool Playroom—Annie For the younger campers (two to five years), every morning holds two delightful sessions of stories, games, movement and music.

Singing with Arlene I like to sing and I want to sing with you. I'll come with lots of lyrics and lots of things we can sing together, sea shanties, rounds, ballads, traditional songs, camp songs and lots of fun. I hope you bring things you want to sing too. We'll make the valleys ring!

Teen Swing—Steve & Bettie Steve & Bettie Zakon-Anderson are sure to get the teens swingin' at camp. They'll focus on the energetic East Coast style and dance to Steve Hickman's amazing swing fiddle.

2008 Daily Schedule

The schedule isn't final, but it's close, please check our website for updates:
<http://www.bacds.org/familyweek>

7 ⁴⁵ –8 ³⁰	All	Breakfast
9 ⁰⁰ –10 ⁰⁰	2–5	Preschool Playroom
	6–9	Crafts with Mikel
	10–13	Dance Bonanza
	13+	Border Morris or Contra Smorgasbord or Longbow
10 ¹⁰ –11 ¹⁰	2–5	Preschool Playroom
	6–9	Maypole & Morris
	10–12	Crafts with Mikel
	Teens	Swing
11 ²⁰ –12 ⁰⁵	13+	ENG1A or Singing with Arlene or Music Jam
	All	“Roundup”: Family Gathering
12 ¹⁵	All	Lunch
1 ¹⁵ –1 ⁴⁵	All	Storytelling

Staff

Andy Wilson is our sound technician *par excellence!* In addition to soundboard duty, he'll lead an afternoon couples dance workshop.

Annie Johnstone has used poetry, story, art, play, authentic movement and sound to invite big and little people to express their creativity in community for over twenty years. Her heart's food and best inspiration come from Nature and the Humor of Four-year-olds.

Arlene Immerman has been singing since the cradle and she loves to share her music and her reverence for folk songs by getting people to raise their voices together. Her recent projects include recording and performing with In Harmony's Way (<http://www.inharmonysway.com/>).

Bettie Zakon-Anderson has taught many different styles of couples dance, from hambo, waltz and tango to swing and Zydeco, at camps and weekends throughout the U.S. In her clear, humorous style, she focuses on good partnering skills and the details of leading and following. A professional weaver, Bettie will also bring her love of crafts to camp.

Charlie Hancock plays piano and accordion for contra, English, Scottish, swing, and couple dancing. He has played for BACDS dances, camps, and balls for 15 years, with occasional gigs further afield, including Pinewoods, Juneau, and the Portland (OR) English ball. He is also a member of Bay Area folk ensemble Euphonia, and has recorded with Sylvia Herold, Holly Tannen, Cathie Whitesides, and Ray Bierl.

Christina Lewis directs the Clown School of San Francisco (<http://www.clownschooolsf.org/>). Her "day job" is special ed teacher for young adults with severe developmental disabilities, and she uses clowning in her teaching. She has co-taught circus and clowning classes for the last nine summers at Cazadero Performing Arts Family Camp.

Craig Johnson has been on staff of a goodly number of BACDS weekends and dance weeks, playing piano, guitar, accordion and leading song. After he was recruited from playing piano at a local Irish pub, he helped found the Santa Cruz contra in 1981, and began playing several contra and English country series (and for local ritual dance teams) shortly after moving to San Francisco in 1984. He's been at nearly all of the Family Weeks, and looks forward to many more.

David Brown is a versatile instrumentalist, playing banjo, guitar, mandolin, and fiddle. He's been at the heart of the Bay Area oldtime

music community for over 30 years, and also has a deep love for Quebecois, English country dance (Playford Clawhammer, anyone?), string ragtime, and many other types of music.

DeLaura Padovan is an irrepressibly joyful presence around camp, whether she is dancing and singing with youngest campers, or leading dancing with the whole community. DeLaura (along with Steve Hickman and their two daughters) raises chickens, goats and organic vegetables on her 57-acre family homestead, Biota, and teaches and organizes for her local Virginia homeschooling community.

Jerry Allen, co-founder of the BACDS Family Camp, is a singer, songwriter, storyteller, caller, guitarist/multi-instrumentalist, and dancer, and has performed all over the world. We are delighted that he will be returning to lead Pied Piper and the Abbots Bromley Horn Dance.

Jim Oakden plays a plethora of instruments from accordion to zurna, in a host of different traditional and ethnic styles. He dances almost all the styles he plays, and is a regular performer at (and programmer of) dance camps. When he's not traveling the country playing for dancers, he lives in Santa Cruz where he studies the critters that live in the sea (and knows firsthand that penguins do like the pennywhistle).

Kalia Kliban is a long-time morris dancer, clogger, juggler, dance teacher and woodworker. She'll be coming to Family Week with loads of English country dances, new and old, and perhaps a few surprises. What's in her bag of tricks this year? You'll have to come to camp to find out.

Kathrine Gardner has played fiddle and piano for contra, square, and English dances and dance camps since the mid-80s. She plays with a number of bands and lives with husband Kit Nelson near the beach at Half Moon Bay.

Mike Richardson has played fiddle, called, and danced in the Seattle area since 1985, has called and played at dances in 14 states, two provinces, five shires, two *oblasti* and four countries, and has staffed dance and music camps from Alaska to England. A proponent of "no-fault" folk-dancing, he calls contras, squares, Irish set dances, French and English country dance, Australian bush dancing and morris dancing. He has written many tunes and dances, some of which are collected in his book, *Crossing the Cascades*, and he plays guitar, banjo and mandolin. Between musical gigs, he teaches radiology at the University of Washington.

Mikel Kovach-Long has the distinction of teaching arts and crafts at the first family camp and has missed only one session. Trained as an

artist, he is an accomplished printer, weaver, woodworker and metalworker. He also teaches ages 5 through 14 at the oldest alternative private school west of the Rockies. Truly a "renaissance man," he also plays the accordion, piano/keyboard, electric bass, and West African drums.

Randall Cayford (camp programmer) began his long-term dance addiction with a supposedly innocent evening of Scottish dance. A dance enthusiast and teacher for over 20 years, his repertoire includes morris dancing, longsword, rapper sword, Northwest clog, English clog, English country, contra, etc.—you name it, he'll try it. He is foreman of Berkeley Morris and Swords of Gridlock (rapper sword). Programming this year's camp has been a great opportunity to search out talented staff and provide workshops in new areas, old favorites, and extra fun.

Rhonda Cayford was captivated by the magic of the maypole when she first saw one at Mendocino Dance Camp. She and Randall were married under a maypole and they are excited about the chance to share that magic with the childrens' dance class (and perhaps with some of the adults too). Rhonda is a member of Swords of Gridlock rapper sword team, On the Spot Clog, Bufflehead Northwest Morris, and a past member of Berkeley Morris.

Stan Fowler returns as our lifeguard, and we couldn't be happier. In past camps, he's been a morris fool, a contortionist, and camp archivist, when he's not on duty keeping the waters safe for all. He's worked for years as a ranger at Glen Echo Park near Washington DC, and has been lifeguard for many family dance camps on the East Coast.

Steve Hickman is one of the truly great performers of fiddle music, electrifying audiences for close to 30 years. Besides playing for numerous bands in the Washington, D.C. area, including Evening Star, Fiddlestyx, and The Capitol Quicksteps, Steve is one of the world's leading authorities on the arcane art of hambone. Steve lives in King George, Virginia but spends much of his time traveling to play at dance workshops, festivals and camps throughout the country and the world.

Steve Zakon-Anderson has been calling contras, leading workshops for callers and teaching couples dance for 25 years. He has performed at dance camps and festivals in 36 states, including Pinewoods, Ogontz, Buffalo Gap, Lady of the Lake, Augusta and Brasstown. His own dance compositions are well-known among dancers and other callers. Steve's clear teaching, energetic calling, and sense of humor have made him a favorite of dancers of all ages and abilities.

(schedule, continued from page 3)

2 ⁰⁰ -3 ⁰⁰	2-5	Nap Co-ops
	6-13	Hip, hip hooray! Sing Dance and Play
	10+	Hambone <i>or</i> Couple Dances
	13+	Crafts with Bettie
	All	Dance Band <i>or</i> Crafts with Mikel <i>or</i> Free time/nap
3 ⁰⁰ -6 ⁰⁰	All	Swimming, Free time <i>or</i> camper led classes
3 ¹⁰ -3 ³⁰		Snack Shop
5 ⁰⁰ -6 ⁰⁰		Evening Circus (& Bookstore)
6 ⁰⁰	All	Dinner
7 ³⁰ -8 ⁰⁰	All	Family Dance & Singing Games
8 ⁰⁰ -8 ⁴⁵	All	Family Gathering: Dance, Concerts & Evening Story
8 ³⁰	9 & under	Pied Piper
8 ⁴⁵ -9 ³⁰	10+	Evening Dance & Games
9 ³⁰	10-12	Bedtime
9 ³⁰ -11 ⁰⁰	13+	Evening Dance & Games
11 ³⁰	Teens	Bedtime (lights out by midnight!)

Evenings: Special programs, including Campers' Night